



**Cancer Patients and Survivors:
You are invited to participate in a research study**

Study purpose: To evaluate the effects of a cancer support program on quality of life for patients during and post-treatment

✚ Requirements – All participants must:

- ✓ Complete an initial intake session with Health Navigator
- ✓ Attend and receive treatment therapies once per week for 12 weeks.
- ✓ Complete questionnaires at the beginning, middle and end of study
- ✓ Participate in focus group at the end of the study.

✚ Study location: Sonoma Valley Hospital (3rd floor)

✚ Eligible Participants: Adults over age 18 who are in the active phase of treatment (surgery, chemotherapy and radiation) for any type of cancer and/or those who are post-treatment and are still symptomatic due to side effects of cancer treatment.

✚ Study costs: Treatments are available on a sliding scale “pay what you can” basis. When you complete the first 9 sessions you will receive the last 3 sessions at no charge.

✚ Therapies included in the study:

- Acupuncture
- Naturopathic consultations
- Nutrition counseling
- Oncology massage
- Integrative psychotherapy, guided imagery
- Feldenkrais
- Jin Shin Jyustu
- Energy Medicine

For questions or to enroll in the study, contact Pam Koppel, LCSW Principal Investigator at pkoppel@svh.com or call 707-935-5244.