

**Title:** Mammography Instructions | Sonoma Valley Hospital | Preparing for your mammogram

**Description:** What to do before our mammogram

**Keywords:** mammogram/mammography

**Web Page File Name:**

Your doctor has ordered a Mammogram to evaluate your breasts. Please follow the preparation below to assure the best possible results from your study. If you have any questions, please contact the Mammography Department at (707) 935-5215

***\*\*Please note that the Mammography and Bone Density departments are located at 246 Perkins Street, Sonoma, between 2<sup>nd</sup> Street West and 3<sup>rd</sup> Street West, just behind Sonoma Family Practice. The department relocated in November 2008.***

## **Mammogram**

Length of exam: 15 minutes

Preparation:

- No deodorant, powders, lotions or perfume the day of the exam
- Be dressed in a 2 piece outfit for easy removal of your top only
- Please tell the scheduler if you have a history of breast surgery, breast cancer, breast biopsies or breast implants

If you have previous mammograms at another imaging facility, please make arrangements to have your films available to us at the time of your appointment.

